

High Transmission Index and Health Guidance Levels: effective 11/30/20

Orem = Utah County = High Level of Transmission

Fitness Center Indoor Pools:

- All Pools re-opened (Lap Pool, Leisure Pool, and Hot Tub) with 6 ft physical distancing between household groups.
- Open Plunge allowed with 6 ft distancing (self-enforced and regulated. But facility supervisor will keep an eye on the day to day loads and when/if we cannot easily fit any more family groups while maintaining the 6 ft distance, they will suspend admission until space allows.
- Public Lap Swimming allowed with 6 ft distancing (self-enforced and regulated)
- Hot Tub allowed for 2 people- One on each end of the hot tub, 15 minute max unless nobody is waiting. 2 adults from same household can be on one side with a non-relative on the other end.
- Group Swimming Lessons only allowed for a class of students all from the same household (Chad will decide when/if this can be accomplished). (Instructor in a mask)
- Private Swim lessons allowed with instructor in a mask
- No reservations required for now (we will re-visit this if loads require it).
- Water Aerobics Classes held as normal in both pools, shallow/deep, etc. Class sizes will be monitored by teachers and limited in order to maintain a 6 ft physical distance between participants.
- Competitive Swim team allowed as long as social distancing can be maintained on pool deck. No 6 ft distancing required in the water. Must wear masks in and out of the building until they get into the lanes to swim.
- Hours of operation as follows:

LAP POOL HOURS

Monday – Friday	5:30am – 9:00pm
Saturday	7:00am – 6:50pm

LEISURE POOL HOURS

Open Plunge	(M-F) 5:30am –12:00pm & 3:00pm – 9:00pm (Sat) 7:00am – 6:50pm
Lazy River	(M-F) 5:30am –12:00pm & 3:00pm – 9:00pm (Sat) 7:00am – 6:50pm
Play Structure	(M-F) 3:00pm – 9:00pm (Sat) 10:00am – 6:50pm
Water Slide	(M-F) 3:00pm – 8:00pm (Sat) 10:00am – 6:50pm

- General info:

- Patron symptom screening will consist of showing each patron the poster with the list of symptoms and asking if they are experiencing any of them (if so, not admitted). We will not be taking patron temperatures.
- We encourage showering at home, but locker rooms with toilets and showers will be available.
- No spectators allowed.
- Signage will be provided explaining social distancing rules and patrons will be responsible for maintaining these on their own.
- Staff will be screened each shift (including temperatures).
- Desk staff will wear face coverings. Guards will have face coverings with them at all times and will don them when any patron approaches them and 10 ft social distance cannot be maintained.

- Continue to use reservation system at reservefitness.orem.org and limit of 8 people per hour in the upstairs cardio/weight area (still our max based on square footage). Walk ins welcome if loads permit.
- Downstairs exercise room open to the public with exercise equipment spaced out or certain pieces off limits to provide 6 ft space between patrons and available by reservation at reservefitness.orem.org. Walk ins welcome if loads permit.
- Group fitness (aerobics) classes will continue as scheduled and class sizes will be upped to 35 people in the gym and 10 in the spin room to accommodate 6 ft physical distancing.
- Masks are required anytime someone is not involved in a fitness activity (must be worn to and from classes, cardio, etc)
- Specialty classes like dance, tumbling, gymnastics, evil scientist, art, etc will be allowed or limited based on class room size and ability to maintain 6 ft physical distancing of participants.
- You can continue to take registration for all programs that are active in the system.
- Passes-
 - Annual passholders will have the time we were in Orange added to the back end expiration date of their pass. (One month)
 - All EFT members are welcome to start using their passes again and I will re-activate those that asked to be on hold while in Orange. All active EFTs will be automatically charged on Nov 1.
 - You can continue to sell new EFT passes right now as long as they understand what exact offerings they are able to use, distancing requirements, mask requirements, etc.
- Continue to keep child care closed.
- Continue to keep the senior center closed. (only seniors admitted to the facility will be those with a Fitness Center membership that choose to enter regardless of warnings to high risk populations).
- Patrons will be subject to symptom screenings, but not temperature checks
- Employees MUST continue to have daily health screenings including temperature checks. Masks are required for all staff.
- We encourage showering at home, but locker rooms with toilets and showers will be available.